Dear City Manager Bessinger,

On behalf of the Four Pointes Leadership Team and the Board of Directors, we would like to invite you and your staff to join us at our Four Pointes Reimagined Event and Living It Expo. The week-long celebration will give attendees the opportunity to tour our facility and learn more about the many activities and services Four Pointes has to offer your seniors.

Each day (September 27th – September 30th) will highlight one of our ‘Four Pointes’ by offering free activities, class demos and educational opportunities for all to attend. The event grand finale, the Living It Expo, will take place on Friday October 1st and feature 18 different vendors from organizations in the area who also contribute to the mission of healthy aging. Raffle prizes, a free boxed lunch, and sponsor-lead educational seminars will also take place throughout the day.

As one of our valued millage municipalities, we would like to take this opportunity to say “thank you” for your support. We hope you accept this invitation to celebrate with us and see how your millage funding impacts your senior population. Please complete the included RSVP postcard and return to us by September 20th.

We look forward to seeing you there!

Sincerely,

Kim Kroll
Executive Director

Alexandria Brown
Wellness Director

Kate Laughlin
Social Services Director

Allison Brady
Operations & Events Manager

Bill Sahlberg
Board Member
# FOUR POINTES REIMAGINED

*A week-long celebration of whole person wellness*

## MONDAY
### Intellectual Day
- **9:00 - 12:00** | Member Art Exhibition
- **9:00 - 11:30** | Mah Jongg Open Play
- **9:30 - 9:50** | "Build Your Brain" Workshop
- **10:15 - 10:35** | "Food as Medicine", Dr. Haney Assaad of NOCH
- **10:45 - 11:05** | "Daily Habits to Manage Your Memory", Susan Thorpe of the Alzheimer's Association

### TUESDAY
### Spiritual Day
- **All Day** | Billiards Open Play
- **9:00 - 1:00** | Painted Glass Workshop
- **9:15 - 9:35** | "The Benefits of Tai Chi"
- **10:00 - 10:30** | Memory Writers
- **10:15 - 10:35** | "Patients & Caregivers Living Their Best Lives", Amy Zuidema, NP of NOCH

### WEDNESDAY
### Physical Day
- **All Day** | Mini Manis by the French Academy of Cosmetology
- **9:30 - 9:50** | Barre Fitness Class Demo
- **10:15 - 10:35** | "How Dunewood Pharmacy Makes Life Easier", Lynn Nowak, Pharmacist
- **11:00 - 11:20** | Conditioning w/ Confidence Class Demo
- **11:00 - 12:45** | Lunch*
- **11:30 - 11:50** | Cardio Drumming Class Demo
- **12:00 - 12:20** | Pilates Class Demo
- **12:00 - 1:15** | Ping-Pong Drop-In Play
- **12:30 - 12:50** | Stretch & Tone Class Demo
- **1:00 - 1:20** | "Joint Replacements: all you need to know", Dr. Andrew Alwood of OAM
- **1:30 - 1:50** | Zumba Class Demo

### THURSDAY
### Social Day
- **All Day** | Billiards Open Play
- **All Day** | Quilting Group
- **9:30 - 9:50** | "Welcome to Four Pointes!", Alex Brown and Kate Laughlin of Four Pointes
- **10:00 - 11:30** | Bingo Open Play
- **10:15 - 10:35** | "The Fastest Way to Make Friends - Volunteer!", Kristyn Ireland, Volunteer Manager of NOCH
- **10:45 - 11:45** | Line Dancing Class Demo
- **11:00 - 12:45** | Lunch*
- **12:00 - 12:20** | "Building A Thriving Lifestyle", with keynote speaker Monica Verplank of the NOWF
- **12:30 - 2:00** | Mocktails in the Lounge

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**All events are FREE and open to community members**

Soup & Salad Bar Available
Mon - Thurs. Hot Meals Available by Reservation only Mon & Wed. 11:00 - 12:45pm.

*Cost: donation based for 60+, $6.00 for those under 60*

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**Thank you to our week-long platinum sponsor:**

North Ottawa Community Health System
FOUR POINTES LIVING IT EXPO

Friday October 1st
9:00am - 12:00pm

Flu Shots - Resource Booths - Giveaways & Raffle Prizes - FREE Boxed Lunch available to the first 400 attendees

Join us for an educational seminar series brought to you by our event sponsors

9:15 - 9:35 "Welcome to Four Pointes!", Alex Brown and Kate Laughlin of Four Pointes

9:45 - 10:05 "NOCH's Surgical Program - More Than You'd Expect", Cindy VanKampen, CNO of NOCH
Be sure to check out the Mako Surgical Unit, available for demos ALL DAY!

10:15 - 10:35 "Estate Planning & Elder Law", Scholten & Fant

10:45 - 11:05 "Senior Housing Opportunities in Grand Haven", Heritage Property Management

11:15 - 11:35 "Learn the ABC's of Elder Law", Parmenter Law

Thank you to our week-long platinum sponsor:

North Ottawa Community Health System

Expo Supporting Sponsors:

Scholten Fant Attorneys
Over 60 Years of Service

PARMENTER LAW

Village at Rousy Mound
The Village at the Pines
Grand Pines Assisted Living
Pinewood Place

WORKFORCE Employment Specialists
FOUR POINTES REIMAGINED
A week-long celebration of whole person wellness

September 27th - 30th, 9:00am - 2:00pm
1051 S Beacon Blvd., Grand Haven (616) 842-9210

Each day, attendees will have the opportunity to learn more about the many activities and services Four Pointes has to offer.

All events are FREE and open to community members!

Four Pointes and North Ottawa Community Health System present:
- Fitness Demos
- Instructor Meet & Greets
- Refreshments
- Educational Seminars
- Daily Prize Drawings and much more!

MONDAY
Intellectual Day

TUESDAY
Spiritual Day

WEDNESDAY
Physical Day

THURSDAY
Social Day

The Grand Finale
LIVING IT EXPO
October 1st, 9:00am - 12:00pm

Flu Shots - Resource Booths - Giveaways & Raffle
Prizes - Educational Seminars - FREE Boxed Lunch available to the first 400 attendees

Thank you to our week-long platinum sponsor:

North Ottawa Community Health System

Expo Supporting Sponsors:
FOUR POINTES REIMAGINED & LIVING IT EXPO
A week-long celebration of whole person wellness

☐ Accepts  ☐ Declines

Name(s): ___________________________________________
__________________________________________________
__________________________________________________

Municipality: ______________________________________

Day(s) you will be in attendance:
☐ Monday (Intellectual Day)  ☐ Tuesday (Spiritual Day)
☐ Wednesday (Physical Day)  ☐ Thursday (Social Day)
☐ Friday (Living It Expo)

Kindly reply before September 20, 2021

Please return to:
Four Pointes Center for Successful Aging
1051 S. Beacon Blvd.
Grand Haven, MI 49417
GHBLP

is inviting you to our

125th Anniversary Celebration

Board of Light & Power

125th Anniversary

Est. 1896

Grand Haven

Wednesday, September 29, 2021
5 pm - 7 pm at the GHBLP Service Center
1700 Polk Drive, Grand Haven
Live Music, Free Refreshments & Giveaways

Remarks at 6 pm

Celebrating 125 years of service to our community
Board Members,

Please see the recent mlive Article that came out today.

Thank you,

Scott Borg
Transportation Director
HARBOR TRANSIT
440 N. Ferry Street
Grand Haven, MI 49417
sborg@harbortransit.org
(616) 842-3220 ext. 5

MUSKEGON COUNTY, MI – Public transit riders needing to travel from Muskegon County to Ottawa County, and vice versa, could soon have an easier time crossing the border.

Public transit authorities in both counties are working to develop a transfer point between on-demand transit services.

Spring Lake Fire Station No. 2 on 174th Avenue/Grand Haven Road has been identified as a possible meet-up point for riders transferring between the Muskegon Area Transit System’s on-demand Go2 microtransit service and Harbor Transit’s on-demand rides.

The transfer point has been “long desired,” MATS Manager Jim Koens told Muskegon County commissioners who agreed to pursue one on Tuesday, Aug. 31.

Muskegon County’s recent launch of Go2 has helped make that possible, Koens told MLive. Previously, a regular fixed route brought riders to within a mile of the Ottawa County border, and MATS’ former GoBus on-demand service was only available to certain riders, he said.

Related: New on-demand transit service operating in metro Muskegon

Allowing riders to transfer from Go2 to Harbor Transit will help those who, for example, live in Muskegon
County but work in northern Ottawa County or who live in Ottawa County but need to get to Muskegon County for a medical appointment or to shop the Harvey Street retail corridor, Koens said.

It’s hoped a transfer point can be in place sometime this fall, he said.

The counties’ border at Wilson and Grand Haven roads has no convenient place for a transfer point. If Spring Lake Township gives formal approval to use the fire station, the two transit systems would enter an interlocal agreement allowing MATS to travel 1,700 feet – or about 1/3 mile – into Ottawa County to reach that transfer point.

A bus shelter also would likely be erected at that location, Koens said.

“It’s just a 1,700-foot step for man, and a giant leap for our transit service,” Koens told commissioners.

Go2 is a shared ride service that took to the road in late June, replacing the former GoBus as well as some line-haul bus fixed routes. Rides are not necessarily door-to-door, but pickup and drop-off points are scheduled close to desired locations.

Same-day service is available in the cities of Muskegon, Norton Shores and Roosevelt Park for $4 per ride and $2 per ride for those who are 65 and older or have disabilities. Those cities are contributing to the cost of the service.

Rides also are available in Muskegon Heights, but because that city isn’t contributing to operational costs, travel costs $8 each way, though rides to some locations in the city are cheaper.

Harbor Transit provides door-to-door transportation in Grand Haven, Grand Haven Township, Spring Lake, Spring Lake Township and Ferrysburg. One-way rides are $1.50 for those ages 19-59 and 75 cents for individuals who are ages 5-18, age 60 and older, have a disability or have a Medicare card.

Additional ways for MATS and Harbor Transit to collaborate, and possibly combine services, are the subject of a study getting underway through the West Michigan Shoreline Regional Development Commission.

The Muskegon County Board of Commissioners agreed earlier to explore the potential for changes to the governance of MATS as well as the possibility of the Harbor Transit Authority taking over its operations. The county operates MATS, though it receives no county funding, while Harbor Transit is an independent organization.

The study also will investigate the possibility of MATS becoming an independent operation like Harbor Transit.
Join us for reflection and memories as we share where we’ve been as we celebrate our 25th anniversary!

September 16th, 2021
6:00 - 9:00 PM
Outdoor Discovery Center
4214 56th St. Holland MI, 49423

Enjoy an evening of cultural flair with a variety of dishes. $25 per person

RSVP by September 9: ethnicdiversity.org
We need to extend our appreciation to the sheriff department here on Spring Lake. This weekend has been so pleasurable. Your team needs much recognition, especially Sgt. John Knott who met with us earlier in the season and outlined his plan to garner control of the rude boater behavior here in Smith's Bayou.

Again, thank you.

Ann and Ron Thompson
16994 Landing Drive
Spring Lake, Mi